

Buncombe Street CDC

Lunch Menu

October 2026

Monday	Tuesday	WEDNESDAY	THURSDAY	FRIDAY
Menu Subject to Change			1 Ham & Cheese Wrap Sweet Potato Tots Apple Slices, Milk S: Pudding	2 Hamburgers Potato Wedges Mixed Fruit, Milk S: Pretzels
5 Spaghetti Italian Vegetables Roll, Peaches, Milk S: Teddy Grahams	6 Chicken Nuggets Diced Potatoes Green Beans, Fruit Cocktail Milk S: Cheese/Crackers	7 Diced Turkey Mac & Cheese, Berries Peas & Carrots, Milk S: Vanilla Wafers	8 French Toast Sausage, Potatoes Banana, Milk S: Yogurt	9 Cheese Quesadilla Yellow Rice Pinto Beans, Mixed Fruit Milk S: Chex Mix
12 Chicken Penne Mixed Vegetables, Roll Pears, Milk S: Animal Crackers	13 Beef & Broccoli Veggie Rice Pineapples, Milk S: Cheez It's	14 Chicken Noodle Pie Peas, Berries Milk S: Goldfish	15 Pizza Stix Pasta Salad Apple Slices, Milk S: Pudding	16 Grilled Cheese Tomato Soup, Cauliflower Mixed Fruit, Milk S: Pretzels
19 Beefaroni Italian Vegetables Roll, Peaches Milk S: Teddy Grahams	20 Fish Sandwich Baked Beans Roasted Potatoes Fruit Cocktail, Milk S: Cheese/Crackers	21 Beef Stroganoff Yellow Squash Berries, Milk S: Vanilla Wafers	22 Waffles Sausage, Potatoes Bananas, Milk S: Nutrigrain Bar	23 Pizza French Fries Corn, Blueberries Milk S: Chex Mix
26 Lasagna Mixed Vegetables Roll, Pears Milk S: Animal Crackers	27 Chicken Tenders Tater Tots Green Beans, Pineapples Milk S: Cheez It's	28 Meatloaf Sweet Potatoes Peas & Carrots Berries, Milk S: Goldfish	29 Sandwich Day Sliced Potatoes Carrots, Apple Slices Milk S: Pudding	30 Burrito Brown Rice Black Beans, Mixed Fruit Milk S: Pretzels